## PSY Text 1 LOVEBYTES (AFFAIR)

## QUESTION

clause	INSTANTIATION	APPRAISER	AFFECT	JUDGEMENT	APPRECIATION	ENGAGEMENT	GRADUATION	APPRAISED
P1.Q1	My husband had an affair with our next-door neighbour	I		t, - Veracity			Force: Space	my husband
P1.Q2	We <u>had sexual</u> problems for years before this,	I			t, - Valuation		Force:Time	we
	mainly <u>due to his</u> <u>overactive libido</u>	1			- Valuation			his libido
	and my underactive one			- Capacity				
P1.Q3	He is <u>begging me to</u> forgive him,	1		t, + Propriety		Projection		my libido
	and he claims they did everything but sex	I		t, - Veracity		Projection Concessive		
P1.Q4	She claims they not only had sex,	I		t, - Veracity		Projection Continuative		she
	but that he wanted to do it with both of us together	I	Irrealis Affect	t, - Propriety		Concessive Modulation: Obligation Subjective	Force:Median	he

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P1.Q5	It's been four months and the anger, hurt and betrayal are not getting any better for me	I	Realis: Dissatisfaction: Displeasure				Force:Time	anger and hurt
P1.Q6	Do you have <u>any</u> suggestions on how to hold my marriage together	I			t, + Valuation			suggestions
	in spite of how I am feeling?	I	Realis: Unhappiness: Misery					1
	Alisson, Perth, Australia							

## **ANSWER**

clause	INSTANTIATION	APPRAISER	AFFECT	JUDGEMENT	APPRECIATION	ENGAGEMENT	GRADUATION	APPRAISED
P1.A1	These are some questions that you can ask yourself:	Support giver			t, + Valuation	Modalisation: Probability Subjective	Force:Quantity Force:Low	some questions
	What are the qualities of your husband/	Support giver		t, + Propriety				the qualities of your husband/ marriage
	marriage that you value?	Support giver			t, + Valuation			

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P1.A2	It doesn't sound as though it has been the sex that has kept you together for all these years	Support giver			t, - Valuation		Force:Time	the sex
P1.A3	Are you <u>staying</u> together for the <u>sake of the children</u> ?	Support giver		t, + Propriety				staying together
P1.A4	How have you managed the discrepancy in your respective libidos in the past?	Support giver			t, - Valuation		Force:Time	libidos
P1.A5	How are you managing them now?	Support giver			t, - Valuation		Force:Time	you
P1.A6	Have you recommenced a sexual relationship with your husband?	Support giver		t, + Propriety				you
P1.A7	Are you <u>able to</u> <u>forget</u>	Support giver		t, + Capacity		Modulation: Ability Objective	Force:Low	you
	about his infidelity during intimacy with him,	Support giver		- Veracity			Force:Time	

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	or does it overwhelm you?	Support giver		t, - Capacity				
P1.A8	Infidelity of a partner is	Support giver		- Propriety				infidelity
	invariably <u>painful</u> and threatening	Support giver	Realis: Insecurity: Disquiet					
P1.A9	It can shatter your sense of "specialness", desirability and security	Support giver	Realis: Insecurity: Disquiet			Modalisation: Probability Subjective	Force: Low	it
P1.A10	It also affects your ability to trust your partner	Support giver		t, - Capacity		Continuative		your ability
	and <u>can</u> lead you to having <u>suspicious</u> thought and <u>fantasies</u>	Support giver	Realis: Insecurity: Disquiet			Modalisation: Probability Subjective		suspicious thought and fantasies
P1.A11	You <u>may</u> find yourself wondering	Support giver		t, - Veracity		Modalisation: Probability Subjective	Force:Low	you
	what is wrong with you,			t, - Propriety				
	or you <u>may</u> just <u>think</u> he is <u>a lying</u> , <u>deceitful bastard</u> ,	Support giver		t, - Propriety		Modalisation: Probability Continuative Projection	Force:Low	you

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	and questioning how you ever got together with him							
P1.A12	You <u>may</u> also be <u>having difficulty</u> <u>living next door to</u> <u>your neighbour</u>	Support giver		t, -Tenacity: Distracted		Modalisation: Probability Subjective	Force:Low	you
P1.A13	The thing about being hurt and angry with your partner is that	Support giver	Realis Affect					the thing about being hurt and angry with your partner
	you create emotional distance	Support giver	Realis Affect					
	and sometimes	Support giver				Modalisation: Usuality Objective	Force:Low	it
	it <u>can</u> feel like a "wall" between you	Support giver	t, Realis: Unhappiness: Antipathy.			Modalisation: Probability Subjective	Force:Low	
P1.A14	You may have closed your heart,	Support giver		t, -Tenacity: Despondent		Modalisation: Probability Subjective	Force:Low	you
	so, where he <u>once</u> felt the warmth of your love,	Support giver	Realis: Happiness: Affection			Continuative Mood Adjunct: Usuality	Force:Low	he
	he now feels coldness	Support giver	Realis: Unhappiness: Misery					

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P1.A15	You <u>may</u>	Support giver				Modalisation: Probability Subjective	Force:Low	you
	want to punish him	Support giver	Irrealis Affect	t, - Propriety				
1.A16	Withholding love is one of the best ways	Support giver			+ Valuation		Force:Intensifier	best ways
P1.A17	It is important to protect yourself from further hurt,	Support giver	Realis: Affect					you
	but in the long term this does not help resolve the issue	Support giver			t, - Valuation	Concessive		this
P1.A18	You are having difficulty trusting him	Support giver	t, Realis: Insecurity: Disquiet					you
P1.A19	Do you believe him?			Not evaluative				
P1.A20	Or do you believe your neighbour?			Not evaluative				
P1.A21	Is he saying what he is saying to protect you from	Support giver		t, + Propriety				you himself
	feeling further hurt, and himself from getting into	Support giver	Realis Affect					
	more trouble with you?	Support giver			- Valuation		Force:Intensifier	

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P1.A22	Is she saying what she is saying because she wants to make trouble?	Support giver	Irrealis Affect	t, - Propriety				she
P1.A23	It is very hard to know the truth	Support giver			- Reaction: Quality		Force:Intensifier	it
P1.A24	I am assuming that you <u>still</u> have <u>love</u> <u>for your husband</u> ,	Support giver	t, Realis: Affection			Continuative		you
	but disapprove of his behaviour	Support giver	t, Realis: Unhappiness: Antipathy			Concessive		you
P1.A25	In order for you to move on.	Support giver			t, + Valuation			you
	you <u>need</u> to be able to separate your feelings	Support giver		t, + Capacity		Modalisation: Obligation Subjective	Force: High	he
	of who he is as a person, from what he did	Support giver		t, + Propriety				
P1.A26	It is a big ask <u>to</u> forgive him for his actions	Support giver		+ Tenacity				it
P1.A27	<u>Perhaps</u>	Support giver				Mood Adjunct: Probability Objective	Force:Low	you

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	you <u>could</u> talk with him			t, + Tenacity		Modalisation: Probability Subjective	Force:Low	
	about your <u>feelings</u> of hurt, anger and		Realis Affect					
	betrayal		Realis Affect	t, - Propriety				
P1.A28	You could	Support giver				Modalisation: Probability Subjective	Force:Low	you
	<u>also</u>					Continuative		
	talk about your "conditions" of marriage,	Support giver		t, + Tenacity				
	and about future acceptable and unacceptable behaviour and their consequences	Support giver			+ Valuation			about future
P1.A29	For example, if he did this again.	Support giver		t, - Veracity				he
	you <u>might</u> consider separating from him	Support giver		t, + Propriety		Modalisation: Probability Subjective	Force:Low	
P1.A30	Whatever conditions you lay down, you need to be prepared to live by them	Support giver		t, + Propriety		Modulation: Obligation Subjective	Force:High	condition

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P1.A31	What are your reasons for staying in the marriage?	Support giver			Not evaluative			your reasons
P1.A32	Think about them and write them down: the pros and the cons.	Support giver			t, + Valuation			them (your reasons)
P1.A33	If you want to stay in the marriage,	Support giver	Irrealis Affect				Force:Median	you
	you will have to "let go" of these strong emotions	Support giver		+ Propriety		Modalisation: Usuality Subjective	Force:High	you
P1.A34	How has this affair affected your feelings about yourself?	Support giver			t, - Reaction: Impact			this affair
P1.A35	You must reaffirm your own femininity and desirability	Support giver		t, + Propriety		Modulation: Obligation Subjective	Force:High	you
P1.A36	Have you considered seeing a marital counsellor with your husband,	Support giver		t, + Propriety				you
	to explore and find some solutions for the discrepancy in your libidos?	Support giver			t, + Valuation			

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P1.A37	It is a <u>common</u> <u>problem</u>	Support giver			t, - Valuation			problem
P1.A38	Telling your neighbour what you think of her behaviour,	Support giver			t, + Valuation,			you
								her
	and what you expect from her in the future is possibly a good thing.	Support giver		t, + Propriety		Modalisation: Probability Objective	Force:Low	
P1.A39	And finally, you can expect that it may take a few more months to come to terms with what has happened.				Not evaluative			
P1.A40	Affairs <u>can</u> <u>precipitate the end</u> <u>of a relationship,</u>	Support giver			t, - Valuation	Modalisation: Probability Subjective	Force:Low	affairs
	but they can also clarify and deepen relationships when both parties are prepared to work through their feelings and expectations	Support giver			+ Valuation	Concessive Modalisation: Probability Subjective	Force:Low	affairs
	Fleur Bishop, Bush Sanctuary Healing and Counselling Centre							